

211

Powered by HeartLine, Inc.

Call 211, a free and confidential helpline, to receive resources and support, 24/7/365 from highly trained call specialists for:

- Utility Assistance
- Food Assistance
- Housing Assistance & Shelters
- Employment & Education
- Abuse Prevention
- Support Groups
- Elder Care
- Clothing & Household Items
- Mental Health Services
- Transportation Assistance
- Finding Medical Help
- Veteran Services
- Disaster Services

Dial 211 or text your zip code to 898-211, 24 hours a day, 365 days a year.
Translation services are available in many languages.

@okheartline

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heartlineoklahoma.org

UNITED WAY
Central Oklahoma, Canadian County, and Logan County

211
Get Connected. Get Help.™